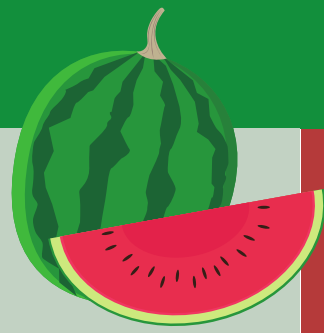


# PILLARS OF ACTIVISM



## TARGET

Who am I trying to influence?

## TACTIC

What is the action I'm taking to move my target toward my goal?

## TOOLS

What do I need to feel I can do this? What do I still need to learn?

## PROS & CONS

What are the risks of doing this tactic? What might be achieved in doing this tactic? (e.g., Risk management; tension of values; sense of integrity; building community)

## TARGET

Educate my Zionist best friend

## TACTIC

Explain the state of Israel AND Jewish people are different

## TOOLS

Practice speaking on this issue with another friend who's also invested in Palestinian liberation to find my voice

## PROS & CONS

My best friend and I stopped talking bc I realized we don't share the same values

Send them documentaries on Palestine

Read more on the conflation of the state of Israel and Jewish people

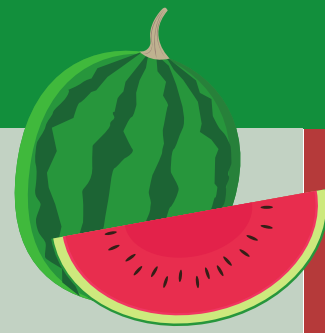
My best friend and I can work together on resistance actions for Palestine (going to protests, joining an organizing group)

Think about mine and my best friend's positionality as psych graduate students and how Palestinian liberation is tied to social justice

I don't have to feel silenced and inauthentic



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## TARGET

## TACTIC

## TOOLS

## PROS & CONS

Talk about Palestine at my practicum site to address trainee distress from silencing

Connect with my university's practicum coordinator to ask for support on bringing this topic into my site

Connect with mentors to discuss risks and fears of bringing in Palestine into the practicum site

My practicum site supervisors may discriminate against me for bringing up Palestine

Bring up what is happening in Palestine generally at clinical site

Bring this topic up with a trusted supervisor and ask for advice on how to bring this topic into the training site

Consider bringing in a guest speaker to talk about Palestine and its ties to Psychology

I would find solidarity with other colleagues at my site and feel I have agency

Host a teach-in at my practicum site and highlight the costs of silencing and student repression on mental health

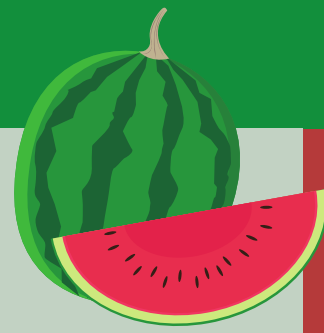
Organize and brainstorm with other trainees what they are experiencing around Palestine at the training site; any supervisors that seem open to discussing this

Support other trainees' clinical work bc now we can bring Palestine into group supervision and in relation to clients

Less guilt from complicity



# PILLARS OF ACTIVISM



## TARGET

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## TACTIC

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## TOOLS

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## PROS & CONS

What are the risks of doing this tactic? What might be achieved in doing this tactic? (e.g., Risk management; tension of values; sense of integrity; building community)

## TARGET

Have my university divest from companies and institutions complicit in colonization of Palestinians

## TACTIC

Join my school's SJP (Students for Justice in Palestine) OR FJP (Faculty for Justice in Palestine) Chapter

Organize a student encampment at my university to non-violently protest toward divestment

## TOOLS

Research which companies/ institutions my university may be financially tied to that are on the BDS Boycott list

Learn about what tactics SJP at my university has already tried in the past and what negotiations have looked like before to know context of university administration on this

Make friends with others already in SJP and build community and familiarity

Connect with other student orgs on campus to build a coalition and strengthen the encampments

## PROS & CONS

Consider risk of expulsion from my university for joining the encampment

Less helplessness

More authentic relationships

Gain sense of solidarity and agency working toward structural change

Divestment of my university from Israeli apartheid; enact structural change

