## DID YOU KNOW...

- This genocide is **enabled by U.S. tax dollars** (~\$310 billion total; ~\$3.8 billion/year since the 1970s) and organizational/institutional investments funding occupation and genocide (e.g., surveillance technology, weapons manufacturing, demolitions)
- Israel has bombed all universities in Gaza and is committing scholasticide. Meanwhile, U.S. universities continue investing in Israel and punishing students and faculty for speaking out.

#### DIFFERENTIATING ANTISEMITISM AND ANTI-ZIONISM

#### What is antisemitism?

"Antisemitism is discrimination, prejudice, hostility or violence against Jews as Jews (or Jewish institutions as Jewish)" - Jerusalem Declaration on Antisemitism (JDA).

#### What is anti-Zionism?

Anti-Zionism is the criticism of Zionism as a nationalist political ideology that requires a Jewish-only nation-state. Anti-Zionism criticizes the state of Israel as "an apartheid state founded on settler colonialism." - Institute for the Critical Study of Zionism.

#### How are they different?

Criticism of Zionism and the state of Israel is not equivalent to hostility against Jews as Jews. "Criticizing or opposing Zionism as a form of nationalism," "evidence-based criticism of Israel as a state," and "supporting the Palestinian demand for justice and ...human rights, as encapsulated in international law" are NOT antisemitic - JDA.

"We can not fight for our rights and our history as well as future until we are armed with weapons of criticism and dedicated consciousness." - Edward W. Said

## WHAT IS BDS? (AND WHY IT'S NOT ANTISEMITIC)

Boycott, Divestment, Sanctions (BDS) is an international Palestinian-led non-violent movement inspired by the South African anti-apartheid movement (2005). BDS urges action to pressure the state of Israel to comply with international law, human rights, & refugee rights.

- Myth: BDS is antisemitic
  - **Fact:** "Boycott, divestment and sanctions are commonplace, non-violent forms of political protest against states. In the Israeli case they are not, in and of themselves, antisemitic." (JDA)
- Myth: BDS undermines academic freedom
  - Fact: BDS "aims to create conditions in which true academic freedom is enjoyed by all scholars in Palestine/Israel equally, regardless of race, religion, or ethnicity."- American Anthro Assoc. (AAA) Boycott
  - **Fact:** Palestinians' academic freedom is being systematically violated by the Israeli state by military assaults on Palestinian universities and discrimination against Palestinian students.
- Myth: Endorsing BDS causes legal issues
  - Fact: The boycott resolution is lawful. Laws that discourage BDS do not apply to non-profit academic associations. Academic associations that have adopted BDS have not been affected by such laws (AAA Boycott).







## DID YOU KNOW...

The International Court of Justice declares Israel's presence in Palestinian territories illegal, calling for its immediate end and stating that nations are obligated not to assist Israel in maintaining its illegal occupation. - Advisory Opinion, July 19, 2024

By remaining silent about Palestine, we are complicit in aiding and maintaining Israel's genocidal acts in Gaza and the illegal occupation of Palestinian territories. Our silence is responsible for:

- Over 39,000 Palestinian deaths, 90,000 injuries, and more than 1 million displaced and starved (Oct '23 to July '24).
- An estimated 186,000+ direct and indirect Palestinian deaths due to the genocide (Khatib et al., 2024).
- The systematic denial of life, land, human rights, and freedom to Palestinians for over 75 years.

# WHY BREAKING OUR SILENCE ON PALESTINE IS AN ETHICAL IMPERATIVE: CHOOSING JUSTICE OVER COMFORT



- *Silencing* (esp. of anti-racist speech) *is a colonial tactic* to normalize injustice and disavow histories and contemporary structures of oppression.
- Silence comes from and recreates fear and violence. **Our silence** has enabled the cycle of violence and trauma against Palestinians to persist and intensify for over 75+ years.

This is at odds with our field's dedication to protecting human rights.

- Our knowledge of the impacts of violence and trauma compels us to question,
  - Whose life, humanity, freedom, and safety are we denying when we remain silent?

"[Our] silence will not protect [us]" - Audre Lorde

#### WHAT IS POSSIBLE WHEN WE BREAK THE SILENCE?

- Reduce powerlessness, isolation, and despair
- Disrupt cycles of violence fueled by hate, anger, ignorance, and confusion
- Increase opportunities to offer and receive loving corrections for accountability and transformation
- Create safe and caring community spaces to hold honest dialogues, work through intergenerational trauma, and co-create anti-colonial solutions for peace and justice
- Live our values of promoting mental health and well-being, authentic connections, and genuine care
- Dismantle structures that deny our humanity and our capacity to see our shared humanity

"In the end, we will remember not the words of our enemies, but the silence of our friends." - Martin Luther King Jr.

#### BREAKING THE SILENCE: WHAT WE CAN SAY AND DO

"Celebrate, flank, and embrace each risk [we] take to speak up even as [our] voices shake." -adrienne maree brown

- Center our shared humanity, intertwined struggles, and collective liberation
- Keep the focus / being a broken record: (a) There is <u>no justification</u> for the level of killing and violence and (b) Violence against Palestinians is not new
  - Our job is NOT to change the minds of people who are dug in, aggressive, or engaging in bad faith
  - Don't get caught in debating fine points
- Holding complexity without two-siding ("Yes and...")
- Naming media bias and ways this manipulates understanding

- General ally development strategies
  - Leaning into good intentions
  - Not shaming without offering a path forward
  - Holding the anger (and pain)
- Disentangling anti-Zionism/critique of Israel from antisemitism
- Resisting essentializing: Pointing to the diversity of Jewish opinion on Zionism and Israel
- Leaning into community and our collective voice
  - You are not alone in your fears, nor are you alone in commitment to justice

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WANT TO LEARN MORE?



#### DID YOU KNOW...

Israel continues to defy the International Court of Justice (ICJ) ruling to take "immediate and effective measures" to prevent genocide

"We conclude that Israeli authorities are responsible for war crimes, crimes against humanity and violations of international humanitarian and human rights law, including extermination, intentionally directing attacks against civilians and civilian objects, murder or willful killing, using starvation as a method of war, forcible transfer, gender persecution...sexual and gender-based violence amounting to torture, and cruel or inhuman treatment." - UN Commission of Inquiry's statement to the UN Human Rights Council on June 19th, 2024

# ◆ HOW IS APA VIOLATING ITS OWN ETHICS?

## WHAT IS THE IHRA DEFINITION OF ANTISEMITISM?

The APA's 2007 Resolution on Antisemitic and Anti-Jewish Prejudice uses rationale based on the International Holocaust Remembrance Alliance (IHRA) definition that conflates criticism of the state of Israel and Zionism with antisemitism.

"...the IHRA definition has often been used to wrongly label criticism of Israel as antisemitic, and thus chill and sometimes suppress, non-violent protest, activism and speech critical of Israel and/or Zionism, including in the US."

- from 104+ Human Rights organizations' Letter to the UN



human rights groups' letters urging the UN to **NOT** adopt the IHRA definition

"Love isn't about

what we did

yesterday;

it's about what we do today and

tomorrow and

the day after"

- Grace Lee Boggs

## WHY IS IT PROBLEMATIC?

The IHRA definition enables justification of anti-Palestinian racism (including genocide), conflates nationstates with people, and obscures the very real instances of antisemitism that all people invested in social justice must recognize and resist.

#### The IHRA definition has been weaponized to:

- Silence psychologists, community organizers, and politicians
- Criminalize protest
- · Defund schools
- Ban teaching about racism
- Target BIPOC & Jewish organizations
- (Institute for the Critical Study of Zionism, 2024)

- Fire supportive professors
- Evict, deny job opportunities, and wrongfully use disciplinary action against students (eg., deny degrees or expulsion)
- Deport immigrants
- Undo DEI policies
- Excuse genocide

## WHY IS THIS AN ETHICAL PROBLEM FOR PSYCHOLOGISTS & MENTAL HEALTH PROFESSIONALS?

Psychologists are ethically required to oppose prejudice and discrimination for all people, including Palestinians. Therefore, the APA's use of rationale paralleling the IHRA definition is inherently at odds with multiple APA stances, including:

- APA Resolution on APA, Psychology, and Human Rights
- APA Ethical Principles of Psychologists and Code of Conduct
- APA Resolution Against Genocide
- APA Apology to People of Color and Resolution on Harnessing Psychology to Combat Racism
- APA Resolution on Dismantling Systemic Racism
- APA Guidelines on Equitable and Respectful Treatment of Students in Graduate Psychology Programs

Palestinians are enacting the central spirit of the APA Ethics code by recognizing that liberation for some cannot come at the cost of oppression of others.

We urge the APA to recognize that Palestinians and those standing in solidarity with



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